

November 2010

# MANS

# Quarterly

MARYLAND ASSOCIATION OF NURSING STUDENTS

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## FINDING THE TIME TO SERVE: COMMUNITY SERVICE IN NURSING SCHOOL BY CATHERINE VOSS, CCBC '11

What are your plans for this week? Do you have a million things to do? The answer is probably "yes." It seems that we all have a lot on our plate BUT every time we choose to do something nice for someone else, it makes a difference. Nursing school can be very stressful and very busy but taking bits of your own time to step up and help someone out can make any stressful and busy day worthwhile.

My name is Catherine Voss and I am the Community Health Chair for the Maryland Association of Nursing Students as well as a Class Community Officer in my CCBC nursing program. Before nursing school, I never really participated in community events because I never knew how to get involved, and frankly I thought I did not have the time. Being a part of nursing school really helped me to get my foot in the door. It is a way for me to demonstrate my leadership skills, meet new people and show that I care.

*continued on pg. 3*

## THE FUTURE OF NURSING: POLITICS, LEGISLATION, AND YOU BY SAM HOFFMANN, JHUSON '11

You may or may not have been following the recent Health Care debate, but change is in the air. Legislation is going forward regarding every aspect of nursing and all nurses, from LPNs to DNs. I will be meeting with several Washington insiders to get an in-depth explanation of some of the changes that the Affordable Care Act (ACA) will bring to nursing. In the meantime, the Institutes of Medicine and the National Academy of Sciences have just released a report with the Robert Wood Johnson Foundation on the future of nursing. When these folks speak, people listen, so you can expect to see these messages working their way into bedside care and beyond. I would like to present to you some of the recommendations these prestigious groups have put forward.

### 1. Nurses should practice to the full extent of their education and training.

We students should be very excited by the first message, especially the "education and training" portion. This study strongly recommends the implementation of "nurse residency programs." The programs would give new graduates the necessary skills to work on their given units, as well as time to acclimate to the unique culture there. I am sure that many of you who work as CNAs found that the skills you demonstrated on one of your school's manikins needed some tweaking... imagine being thrown into full-time employment with 6 patients, right after graduation! So whether you are looking for a position in one month or one year, be sure to ask the unit manager about nurse residency training.

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# Presidential Minute

with Jason Cage, UMSON '10

Nursing students in Maryland,

Greetings! We are almost done with the fall semester and all of us are working hard to lead balanced lives while keeping up responsibilities related to school, work, and family, while gearing up for final projects and exams. Take comfort in knowing that there are thousands of other nursing students in Maryland that are working tirelessly, just as you are, as we all pursue our dream of being a nurse.

As a pre-professional student organization, the Maryland Association of Nursing Students (MANS), represents each of us enrolled in a nursing program within the state. The MANS Executive Board is made up of students from nursing schools throughout the state in different stages of our respective nursing programs. The MANS Executive Board wants to hear from you, individually and collectively, to know what is happening in the lives of nursing students and at nursing schools across the state. As students in nursing school, we know exactly how demanding and challenging nursing school really is. While each of us has to reprioritize our lives while in school in favor of our studies, we know that it is important to support one another in the journey through nursing school. While this support comes from many different sources including, friends, family, other students, and nursing faculty, please know that MANS is here to support your needs and the needs of your school.

Nursing students from Maryland continue to have a strong national presence. In April, our state was awarded the Florence Nightingale Award for Excellence given annually during the National Student Nursing Association (NSNA) Annual Convention. Our students further demonstrated themselves as future leaders in nursing during the NSNA House of Delegates, where they campaigned, lobbied, and debated to gain national support in passing three resolutions put forth by students in our state.

As a board, we have set goals to strengthen relationships with each of the schools and to create an environment where members of different nursing programs can collaborate with one another to support and advance initiatives of students across the state. To make this happen we have focused on two key areas. First, we have an invigorated newsletter to keep our membership informed and provide an avenue for students at each school to share information with the entire state. Our second initiative is the creation of the Maryland Council of School Leaders (COSL). The purpose of COSL is to gather school leaders from all of our schools to network and share information about the successes, challenges, and opportunities at each school. Our first meeting was a tremendous success and proved to be a highly effective method of sharing helpful information with one another. Our next COSL meeting is scheduled to occur during the MANS Convention, to be held January 29th, 2011 at the University of Maryland, School of Nursing. Please be sure your school is represented at the meeting.

MANS Convention planning is in full gear and we look forward to another successful convention this year. For students that have not had the opportunity to attend a MANS Convention in the past, the event offers something for everyone and combines aspects of a career fair, resume workshop, a mini-NCLEX review, and ongoing lectures throughout the day on dynamic topics in nursing. Our convention theme this year is "From Books to Bedside" and will focus on assisting the nursing graduate transition into the professional workplace. Online registration is now open and students are encouraged to register early to avoid missing out on the opportunity. We hope to see students from every school in attendance.

It is an honor to work with the dedicated and compassionate students that comprise the MANS Executive Board this year. My tenure as MANS President continues to be rewarding, personally and professionally. Through getting to know so many nursing students from across the state, I realized that we are all in this together, and the experience has served to keep me grounded and focused on ways to continually improve our association to meet the needs of our student members.

I look forward to meeting and reconnecting with more students at the MANS Convention on January 29th, 2011.

Sincerely,

*Jason Cage*

President

Maryland Association of Nursing Students

# FINDING THE TIME TO SERVE: COMMUNITY SERVICE IN NURSING SCHOOL BY CATHERINE VOSS, CCBC '11

*continued from the cover...*

There are so many opportunities to get involved in the community. Every county and city has something going on every day. For example, my nursing program is currently holding a donation drive for Springfield Hospital Center. We are collecting everyday items for the men and women at this facility. It takes five minutes to gather a tee shirt and a couple of old good books you haven't read in a while and only a second for those gifts to add a smile to the face of someone who really needs a lift in life. Little do we know how much we can make difference by simply asking, "How is your day?"

I had a wonderful opportunity to participate in my first 5K race for the Marian House in Baltimore city last Fall. It was a fun and healthy celebration to support and highlight the successes of Marian House women moving from dependence to autonomy, coming from a background of abuse and addiction. I met women who have overcome enormous physical and emotional challenges and still have gained so much from their community. Support, love, food, and shelter are all things that the volunteers and this home continue to provide. It gave me an opportunity to get to know some of my classmates too!

I also take time to volunteer at a shelter called Sarah's Hope in Baltimore city. This is a place for women and their children to sleep, eat, learn, and play safely. They have life skills classes and activities for the children to participate in. You learn a lot from these great people. Life can certainly be unfair at times but we all do our best to keep our heads up and our hearts strong. Right now, I help to serve dinner and play with the kids after meals. I am also working on picking a day of the month to celebrate the birthdays of those women and children who live here. We are hoping to make each person feel special- because they are. Some nice chocolate brownies and cupcakes are a good start, I think.

Taking time out of the day to help support people really does make a difference. So, get involved with your nursing program, church, or work! Show that you care about your community. There is something beautiful in all of us and sometimes we find that by helping others.

If you have any questions or need help getting involved, feel free to contact me at [manscommunity@gmail.com](mailto:manscommunity@gmail.com).



From L-R: Jason Cage-MANS President, Sam Hoffman-MANS Legislative Chair, Nicole Brynes-MANS Newsletter & PR Chair, Catherine Voss-MANS Community Chair

# Student Government Updates

## UNIVERSITY OF MARYLAND

The University of Maryland School of Nursing Student Government Association (NSGA) is thriving this year. We have grown by over 500% in the past semesters, and our membership continues to increase. This semester we are partnering with the Ronald McDonald house to serve breakfasts and plan fun events for sick kids and their families. The NSGA is also sponsoring student trips to a needy public school to exercise and talk about nutrition with elementary school children. Our mentoring program is growing, and more students are availing themselves of our peer resources now than ever before. The NSGA is increasing its outreach to prospective students, too. We have a new, student-designed web-space on Blackboard this year, and several social events in the works, including a movie night and some student sports tournaments. We are going strong in Fall 2010, and every semester brings new faces, exciting ideas, and steady growth to our organization. We are looking to partner with any other local nursing schools to work together on community service projects or social events. If you might be interested, please contact Nicole Brynes at nbryn001@umaryland.edu.

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## JOHNS HOPKINS

As the Baltimore climate begins to cool, the JHUSON SGA has come together to extend a warm welcome to the incoming Traditional Class of 2012 and Accelerated Class of 2011. A strong sense of camaraderie among student organizations was felt at Student Activities Day on September 8th as new and returning students browsed the wide variety of clubs engaged in professional development, community outreach within Baltimore and worldwide, as well as cultural and social involvement and advocacy. This year's returning SGA Executive and Class of 2011 officers seek to unite the School of Medicine and School of Public Health in social and professional gatherings to foster a greater regard for interdisciplinary enterprise. The first joint venture was a tri-school social event for the Halloween season. Historically, the School of Medicine has spearheaded most planning for this particular affair but the combination of minds and budgets can result in a bigger and better outcome both in attendance and merriment. The SGA welcomes the class officers and other newly-elected members of the executive board from the students of the Traditional 2012 and Accelerated 2011 class. The present cabinet members have high expectations for these new student leaders and are excited to be mentoring them throughout the academic year. To contact the JHUSON SGA, please email jborrom1@son.jhmi.edu.

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## SALISBURY

The Salisbury University Student Nurses Association (SNA) began in the fall of 1978 as a way to bring students together, bridge communication gaps, offer support and serve as a vehicle for democratic process. These values that brought about the organization 32 years ago can be seen today in the historic addition of two sophomores and two juniors to the current executive board. The 2010-2011 executive board consists of President Senior Kathryn Wagner, Vice President Senior Benjamin Rebecca, Secretary Senior Raulina Simango, Treasurer Senior Annie King, Public Relations Junior Natalie Zoppo, Events Coordinator Senior Samantha Koerner, Breakthrough to Nursing Chair Sophomore Catherine Heim, 2nd Degree Representative Rachael Lewis, Junior Representative Heather Todd, and Sophomore Representative Etienne Zantop. The executive board anticipates an exciting and productive year. So far the organization has participated in the Wicomico County Relay for Life and raised over 2000 dollars for the American Cancer Society. Upcoming events include collaboration with the Salisbury University Medical Careers Society to host a Blood Drive for the Wicomico County Blood Bank, participation in the local Seagull Century Bike race, and presenting information about a career in Nursing at Girl Scout Exploration Day. For more information about the Salisbury University SNA please contact sna@gulls.salisbury.edu.

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## CCBC-CATONSVILLE

Catonsville Nursing Students are excited to be back for another semester. The freshman semester students recently started their acute care clinicals and are doing well. It's an exciting time for many of them because it is their first time working in a hospital setting. This is when the feeling of "I'm going to be a nurse" finally starts to set in and we are all very excited for them and wish them the best. Our sophomore students are in their "mini-mesters" right now...half doing their OB rotation and half doing their psychiatric nursing rotation. At the beginning of next semester, they will take the other half of the mini-mester for six weeks, then move into Pediatrics and Med-Surg 2. The Junior Semester students are half-way done with Med-Surg 2 and are starting to focus on pinning ceremony fundraising ideas. A fundraiser is being held at Howl at the Moon in PowerPlant Live, Downtown Baltimore on Thursday, January 20th at 7pm and all are invited. The Junior semester students would love the support! Finally, our senior semester students are down to the wire. All that stands between them and pinning is practicum and a paper! We wish them the very best of luck in their final days as CCBC Nursing Students. They are well-prepared for the NCLEX-RN exam and will all make wonderful additions to the nursing community.

# CALLING ALL STUDENT LEADERS...COSL WANTS YOU!

BY NICOLE BRYNES, UMSON '11

On October 16<sup>th</sup>, the MANS board, as well as representatives from schools across the state of Maryland gathered to brainstorm, problem-solve, network, and increase state-wide communication. What followed was an amazing opportunity to meet nursing students from across the state, build connections with school leaders, increase communication between schools, and brainstorm creative solutions to common problems. This group is called the Council of Student Leaders, or COSL, and will be meeting several times a year.

Represented schools included the University of Maryland School of Nursing, the Community College of Baltimore County RN Program Johns Hopkins University School of Nursing, Salisbury University School of Nursing, and Towson University School of Nursing. It was great to hear the creative ideas students had - we got to share fundraising ideas, ways that we could get more involved as a state-wide nursing group, ways to increase community service, and how to make our student governments more organized. We focused on our goal as MANS to increase our faces in the community - nursing students need to be seen as professional, organized, and involved. It is important that we show our community that we care, and by involving ourselves in events across the state, we put a good face on nursing as a profession.

What if you are interested in being a part of COSL, but weren't able to make it last time? There will be another opportunity coming up at the MANS Convention on January 29<sup>th</sup>, 2011, at the University of Maryland School of Nursing and Campus Center. Student leaders from the state of Maryland will gather to share ideas, and we will be talking about leadership opportunities available in the upcoming year, both within MANS, and also throughout the community. Come experience the incredible depth of opportunities that can open up to you through state-level leadership!



Top L-R: Jason Cage-UMSON, Felicia Rockko-JHUSON, Sam Hoffman-JHUSON

Bottom L-R: Catherine Voss-CCBC, Katie Wagner-SU, Nicole Brynes-UMSON, Nicole DiMauro-TU, Kirsten Head-TU, Joe Delaney-UMSON

# THE FUTURE OF NURSING: POLITICS, LEGISLATION, AND YOU BY SAM HOFFMAN, JHUSON '11

*continued from the cover...*

For those readers looking to go on to advanced practice, nurse practitioners are strongly supported in this report. The IOM acknowledges that NPs have fought an uphill battle against a Scope-of-Practice that “varies widely [from state to state] for reasons that are related not to their ability, education or training, or safety concerns, but to the political decisions of the state in which they work,” and recommends that all states “reform scope-of-practice regulations to conform to the National Council of State Boards of Nursing advanced practice registered nurse model rules and regulations.” This is a huge step forward for advanced practice nursing, and will allow nurses to push harder for meaningful reform.

## **2. Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression.**

Patient care has become more and more complex over the past fifty years, and the change seems to be accelerating. Home care is more acute and only the sickest patients spend more than a day in the hospital. In order to provide the best care for these patients, nurses must either rely on years of experience and intuition or receive training that is at the same time more comprehensive and more in-depth. Nurses are also becoming primary care leaders in their own right, both as advanced practice nurses and RN's working in clinics. “Nursing education should therefore include opportunities for seamless transition to higher degree programs—from licensed practical nurse (LPN)/ licensed vocational nurse (LVN) degrees, to the associate's degree in nursing (ADN) and bachelor's of science in nursing (BSN), to master's of science in nursing (MSN), and to the PhD and doctor of nursing practice (DNP).” This is not to say that all nurses must rush to the next degree, but that the option should be readily available whenever they decide to expand their scope of practice.

## **3. Nurses should be full partners, with physicians and other health professionals, in redesigning healthcare in the United States.**

Gone are the days when nurses were the ‘doctors’ handmaids.’ Nurses provide immediate and important care to patients in every setting, and are usually the first ones to identify a change in patient condition. Our scope of practice expands every year, but with greater privilege comes greater responsibility. As our health care system changes, every health care provider must unite to define a vision, and work in their own way to realize it. “To play an active role in achieving this vision, the nursing profession must produce leaders throughout the system, from the bedside to the boardroom. These leaders must act as full partners with physicians and other health professionals, and must be accountable for their own contributions to delivering high-quality care while working collaboratively with leaders from other health professions.” Showing strong leadership will allow you to advance quickly wherever you are, whether on a hospital unit or out in a community clinic, and will make a marked difference in the care of your patients.

## **4. Effective workforce planning and policy making require better data collection and an improved information infrastructure.” (IOM/NAS, 2010)**

Change can be good or bad, but we cannot know which it will be until we have tried. As mundane as it may sound, nurses and other health care providers must document every change they make and every outcome they achieve, in order to allow researchers and policy-makers to winnow out what works and what does not. “The ACA mandates the creation of a National Health Care workforce Commission... [and] a National Center for Workforce Analysis, as well as state and regional workforce centers, and provides funding for workforce data collection and studies.” Health informatics will provide a number of tools for reporting, but will also improve patient care with easily accessible electronic health records. Imagine never having to sort through a paper chart again! Once these systems are standardized, you will know exactly where to look for any information you need, reducing the time spent charting and allowing you to dictate how your time is spent.

These are exciting times to enter the field of the nursing. Many aspects of care are changing and new opportunities present themselves every day. So go ahead, pass your boards, get out there, and become the nurse you were meant to be, wherever that leads you. Rest assured that nursing political groups, from MANS to the ANA, are working with you to improve the care of everyone across this country of ours. For more information, send me an email at [MANSLegislation@gmail.com](mailto:MANSLegislation@gmail.com).

*Interested in joining the MANS Executive board? Go to our website to apply and we'll see you at the convention for elections!*

[www.MarylandNursingStudents.org](http://www.MarylandNursingStudents.org)

# SPOTLIGHT ON SALISBURY: A CENTER OF EXCELLENCE FOR BSN, MS, & DNP BY KATIE WAGNER, SALISBURY '11



Salisbury University, a member of the University System of Maryland, is a regionally accredited four-year comprehensive institution offering 56 distinct graduate and undergraduate programs. Located on the historic Eastern Shore, SU's beautiful campus is some 30 miles from the Atlantic beaches and 2.5 hours from Baltimore and Washington, D.C.

In the Department of Nursing, we offer three paths to a Bachelor of Science in Nursing: one for traditional undergraduate students seeking their first college degree, a second for career-change students with a BS degree in another field, and a third for Registered Nurses. For those interested in a master's degree, SU offers three tracks in the Graduate Program – Family Nurse Practitioner, Health Care Leadership, and Clinical Nurse Educator. Full-time students can earn their degree in two years and part-time study can be completed in as little as three years. There is a set of core courses all students must take and specialty courses designed for each track.

A new addition, the RN to Master's track is for highly motivated and academically talented RN students wishing to pursue a Master's degree in nursing in any of our graduate tracks. This track provides a 9-12 credit efficiency over the more traditional route where the BS and MS in nursing are pursued separately. Beginning in Fall 2012, Salisbury University will launch a Doctorate of Nursing Practice (DNP) program for students who already hold an MS degree and certification as a nurse practitioner. In Fall 2015, the program will transition to a BS to DNP program.

Other exciting initiatives underway include the development of a 4,000 plus square foot Simulation Center that will use high-fidelity human patient simulators to teach students how to care for clients in the specialties of labor/delivery, high-risk newborn and critically ill children. Additionally, standardized patients (trained, paid actors) are helping students learn how to interact more effectively with clients with behavioral health disorders. Both projects are supported in part by the Maryland Hospital Association Who Will Care initiative.

SU Nursing graduates have a track record of success on the NCLEX-RN consistently exceeding 92% over the past several years. With equally impressive pass rates on the Family Nurse Practitioner certification exam, our recent re-accreditation by the Commission on Collegiate Nursing Education (CCNE) for the maximum period of time (10 years) is a testament to the quality of our curriculum, faculty, and resources.

Students in SU Nursing programs pride themselves on involvement, participating in a host of community service projects, on and off-campus. Our Student Nurses Association has been nationally recognized for community service winning the prestigious Image of Nursing Award at the NSNA Convention in 2010. Our faculty engage in research and clinical practice publishing their work in such prestigious journals as Journal of Nursing Education and Nurse Educator, and practicing at area hospitals and clinics. They also lend their expertise to national and regional health organizations and advisory boards.

At SU, there are countless opportunities for personal and professional growth including study in Tanzania or Ecuador in January, and China in May and presenting research findings at the National Council on Undergraduate Research. For further information about Salisbury University, visit us at [www.salisbury.edu/nursing](http://www.salisbury.edu/nursing) or call 410-543-6420.

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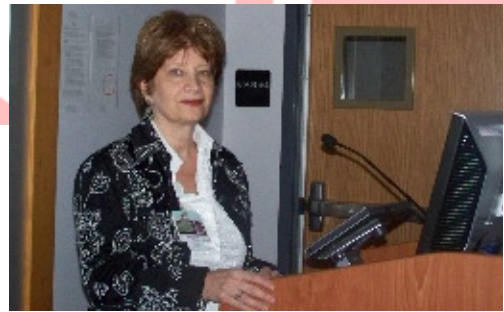
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# SPOTLIGHT ON CAREERS: FAMILY NURSE PRACTITIONER & NURSING EDUCATION



*Nursing student Nicole Brynes interviews Professor Janice Lazear, CRNP, the OB professor at the University of Maryland School of Nursing's Baltimore campus. Lazear also works in the community as a Certified Diabetes Educator, a Family Nurse Practitioner, and has worked for many years in OB.*

*Tell me a little bit about yourself.*

I graduated from Ohio State University with my BSN in 1975, and worked for the first nine years of my career in maternal child health, including mother/baby and labor and delivery. I also spent time working as a clinic director for several rural Planned Parenthood clinics in Ohio.

I was interested in teaching in the clinical setting and decided to go back to school to get a master's degree. At UCLA I studied to be a perinatal clinical nurse specialist (CNS) with a minor concentration in higher education. I worked for a number of years as an OB CNS, hospital-based clinical educator and as a high risk OB case manager. I also have worked for the last ten years in high risk OB home care. My work with pregnant women with high risk conditions gave me the opportunity to develop interest and expertise in diabetes. I became a certified diabetes educator in 2001.

In 2006, I decided it was again time for a change, and I got my post-masters Family Nurse Practitioner (FNP) certificate. I started teaching at the University of Maryland School of Nursing to work my way through my FNP, and I have been teaching ever since. I began by teaching an OB clinical, and then was asked to be the course director for OB. I found that I loved teaching and wanted to have a combination of FNP practice and education. I have worked for the last three years as a full time faculty member which includes a faculty practice as an FNP first in school-based health, now in internal medicine. I am in the DNP program and expect to finish this spring.

*How did your past nursing roles inform your current work?*

As an FNP I bring to the table everything I have done – I have a better handle on episodic care of the patient, community care, and making linkages for my patients because of my past experiences. To create the best outcomes, you need to do more than manage the crisis or episode; you need to manage the entire situation. My experience helps me to do that more effectively.

As a faculty member I bring my clinical experience into my teaching. I also try to assure that we have a variety of lecturers who are experts in the topic that is being covered. I think practice is important; I would never give it up because it's really gratifying. I hope to continue to practice for years to come.

*What are three things you would change about your job?*

I wish I had more one-on-one time with students. That's the biggest difference I see transitioning from clinical instructor – 8 students – to didactic instructor – 50 students. I miss that intensive time with students.

There are barriers to NP practice that I believe are going to be changing with healthcare reform. For example, nurse practitioners in Maryland are currently facing restrictions in payments and credentialing from insurance companies. Also, people don't really know what our role is. The media has done a lousy job of portraying nurses. It's getting better, but we still have a ways to go.

As a nurse and an NP, the frustration of trying to care for people with limited resources is a challenge. It is sometimes an uphill battle to give holistic care to people who cannot afford adequate nutrition or safe living conditions. I think nurses should be involved in policy to address health disparities.

*Is there any additional schooling required to get or keep your job?*

When I first got my masters it was a long time ago, and I worked many years before I went back to school. Now I've been in school since 2006, for my post masters then my DNP. It has been great to continue to learn and obtain new skills, but it is a big commitment and takes a lot of time. I am looking forward to finishing my doctorate and having more time for pursuing various interests.

*Could you explain the role of the DNP?*

DNP stands for doctor of nursing practice. Other disciplines such as pharmacy and physical therapy are being prepared at the doctoral level, and nursing wants to ensure parity, and to be at the same table with other professions. We also feel that the education to become an advanced practice nurse is rigorous enough that it should be a doctoral degree. The DNP prepares nurses to be leaders in implementing evidence-based practice changes.

*Any words of wisdom to share with nursing students in Maryland?*

I know it's harder to get a job right now than it was. It's a cycle – sometimes jobs are more or less plentiful, but there is always a need for skills and nursing is always a great field to go into. Nursing students are making a great decision. With healthcare reform, nurses are going to be leaders as healthcare becomes more about prevention, wellness and health promotion. Nurses are going to have an important role. This is an important time to be going into nursing. Don't be discouraged, there is and will continue to be a huge need for nurses. What I love about nursing is the ability to keep changing, learning and having a real impact on people's lives.



# A HOME AWAY FROM HOME: INVESTING IN YOUR WORKPLACE BY SAM HOFFMAN, JHUSON '11

Those of you who have worked as CNAs, Techs or Interns will already know that where you work before you are a nurse is a great place to look for a job once you pass the NCLEX. You build strong relationships with the staff there and learn skills appropriate to the unit. You learn the language and become a part of the culture. Since June, I have worked on an Oncology floor at the Johns Hopkins Hospital, and I experienced all of what I just described. None of this was a surprise, as I had been told what to expect by recent graduates, my advisers and my teachers. What I was not prepared for was the sense of family found on night shift as we all struggled past the 4:30 lull together. The celebration of birthdays and even those holidays everyone grumbled about having to work caught me completely by surprise. But the piece that really made my unit feel like home was when several of the nurses, one of whom had been a barista prior to her nursing career, pulled out a small espresso machine and began making lattes for everyone on the floor. The other nurses covered her patients, and I collected orders and passed out the drinks. I was initially shocked at the extravagance, only to find that the machine cost less than \$50 at the Sears Surplus store. So I would ask you to consider that when you are thinking of a gift for your unit, thanking them for showing you the ropes or just wishing them a merry Christmas, instead of spending \$10 on donuts, maybe see if a \$20 crockpot or foot massager would be appreciated on your unit. It will earn you some serious "let's hire this one" points, and if you end up working there, then you even get to enjoy.



## MARK YOUR CALENDARS! HERE ARE SOME IMPORTANT UPCOMING DATES:

### NOVEMBER:

20th - MNA Lobby Day, 1:00-4:30 PM, Bowie State University, register for free online

20th - MANS Executive Board Meeting, 6-8 PM, 21 Governor's Court, Catonsville, MD (open to all Maryland nursing students)

### DECEMBER:

2nd - Women and Children's Shelter Service Event, Carroll Community College, 5-8 PM, email [studentlife@carrollcc.edu](mailto:studentlife@carrollcc.edu) for more info

8th - Virginia Lee Franklin Lecture on Interprofessional Education with Dr. Jay Perman, UMB President, 4-6 PM, UMSON, Baltimore

18th - MANS Executive Board Meeting, 9-11 AM, 21 Governor's Court, Catonsville, MD (open to all Maryland nursing students)

### JANUARY:

14th - FNSNA Scholarship Application Deadline

18th - Application for National Student Nurses Association (NSNA) National Office Deadline

**29th - MARYLAND ASSOCIATION OF NURSING STUDENTS ANNUAL CONVENTION, UNIVERSITY OF MARYLAND SCHOOL OF NURSING & CAMPUS CENTER, BALTIMORE, MD (REGISTRATION NOW OPEN ONLINE!)**

Save the Date:

April 6-10, 2011 - NSNA Annual Convention, Salt Lake City, UT (see [www.nсна.org](http://www.nсна.org) for details)